

# Design of a Two Degree-of-freedom Tuned Mass Damper for a Suspension Bridge Model

Jose Marcos A. Silva Jr.<sup>1</sup>, Paulo R. Novak<sup>2</sup>, Giovanni Bratti<sup>3</sup>, Francisco Augusto A. Gomes<sup>2</sup>

<sup>1</sup>*Civil Engineering Post-Graduation Program Student, Federal University of Technology - Parana (UTFPR) Via do Conhecimento s/n, KM 01, 85503-390, Parana, Brazil josmarcos0397@gmail.com* <sup>2</sup>*Civil Engineering Post-Graduation Program, Federal University of Technology - Parana (UTFPR) Via do Conhecimento s/n, KM 01, 85503-390, Parana, Brazil novak@utfpr.edu.br, franciscogomes@utfpr.edu.br* <sup>3</sup>*Department of Mechanical Engineering, Federal University of Technology - Parana (UTFPR) Via do Conhecimento s/n, KM 01, 85503-390, Parana, Brazil giovannibratti@utfpr.edu.br*

Abstract. Tuned Mass Dampers (TMDs) are very useful when one aims to mitigate vibration-related problems. This device, once attached to a structure, considerably attenuates the effects of dynamic loads (e.g, wind and seismic activities). Although TMDs exhibit a favorable performance over one specific frequency range, structures have multiple natural frequencies, and sometimes this raises the necessity of attaching a different TMD for each one of them. However, this kind of solution often overloads the primary structure and limits TMDs' damping performance (weight penalty). The purpose of this work is to design a TMD capable of damping two vibration modes of a suspension bridge's deck. For this, the primary structure is modeled by the Finite Element Method, using ANSYS® combined with a MATLAB® routine, then it is conceived its modal and harmonic analysis, identified the targeting modes, and applied the "Equal Peak Design" technique to estimate the TMD's optimum damping and frequency ratio. Based on those factors, it is determined the final TMD dimensions. The results shows the developed TMD has the potential to significantly reduce deck's vibration levels, for its parameters can be effectively tuned to realize the target modes control.

Keywords: Two Degree-of-freedom Tuned Mass Dampers, Finite Element Method, Passive Vibration Control, Natural Frequencies, Numerical analysis.

# 1 Introduction

Over the last century, due to the advance of the construction technology, ever increasing computational power, and a refined control of the materials quality, the number of complex and long span structures have increased. Many are the forms engineers found to overcome those long spans, and one of the most popular were the suspension bridges. However, this type of structure, when responding to dynamic loading, tend to present a very low natural damping, i.e. below 1%, which makes the dissipation of the generated energy the main issue when designing [\[1\]](#page-5-0).

As the span increases, the structure's stiffness decreases, so it does its natural frequency, overlapping with low frequency excitation sources, e.g., traffic induced vibration, flutter instabilities, and cable-structure interactions [\[2–](#page-5-1) [4\]](#page-5-2). When intending to solve this problem, it is needed to analyze feasible damping systems capable of attenuating aerodynamic effects that may occur. Some of them are Tuned Mass Dampers (TMDs), viscous damper for the cables [\[5\]](#page-5-3), and active control using active tendons [\[6\]](#page-5-4). In this study a TMD (or Dynamic Vibration Absorber) is employed to mitigate vibration effects on a numerical suspension bridge model.

Since Frahm [\[7\]](#page-6-0), TMDs have been widely used when aiming to decrease - "eliminate" - vibration related problems in machinery. However, their application in civil structures began to intensify only after the important work of Den Hartog and Ormondroyd [\[8\]](#page-6-1), e.g. London Millennium Bridge, Rio-Niterói Bridge, and Taipei 101. A Tuned Mass Damper is a secondary vibrating mass attached to a structure and adequately tuned with the its resonant frequency [\[9\]](#page-6-2). When optimally tuned, the only parameter responsible for its performance is the mass ratio in relation to the primary structure's [\[10\]](#page-6-3).

Nonetheless, a structure has as many vibration modes, as degrees-of-freedom (DOF). This situation may raise the necessity of linking a TMD for each critical mode. This kind of solution, in practical applications, would probably overload the main structure. The annexation of excessive masses, could easily compromise the performance of the devices appended thereon. This phenomenon is called "weight penalty" and it tends to demand the limit for the TMD mass to be between 1-3% of the primary structure total mass [\[11\]](#page-6-4).

Many works have shown countless TMD applications. Yoon et al. [\[12\]](#page-6-5) developed and optimized a resonancebased mechanical dynamic absorber able to damp three natural frequencies of two cantilever beams. Zhu et al. [\[13\]](#page-6-6) studied and optimized distributed dynamic vibration absorbers for suppressing vibrations in plates, achieving optimal suppression effect of higher order modal vibration. Cieplok and Sikora [\[14\]](#page-6-7), and Pan and Zhang [\[15\]](#page-6-8), studied the effect of having more than one mass within the same dynamic absorber showing how this type of solution is able to widen the device's bandwidth of operation. Yang and Dai [\[16\]](#page-6-9), and Ma et al. [\[17\]](#page-6-10), designed a two and three degree-of-freedom TMD, respectively, aiming only the main structure's fundamental mode. In both cases the result was a significant reduction of the vibration levels.

When addressing the control of bridge's many vibration modes, some studies promoted the use of multiple TMDs to control each mode separately, Tubino and Piccardo [\[18\]](#page-6-11) applied it to pedestrian induced vibration, and Wang et al. [\[19\]](#page-6-12) to high speed trains induced excitation. Nonetheless, as the number of targeted modes increase, so does the weight penalty associated with the extra masses attachment to the primary structure. Seeking to avoid so, in this study, it is designed a Two Degree-of-freedom (2DOF) TMD targeting two vibration modes at the same time  $(1<sup>st</sup> bending, and 1<sup>st</sup> torsional)$  for a Finite Element Suspension Bridge Model, applying the theoretical background proposed by Den Hartog [\[20\]](#page-6-13). Other works pursued the same goal, while using different approaches. Lin et al. [\[21\]](#page-6-14), e.g., considered the 2DOF TMD with its two modes coupled. Here, the followed procedure was similar to the executed by Mokrani et al. [\[11\]](#page-6-4) and Meng et al. [\[22\]](#page-6-15), in which the 2DOF TMDs had their physical coordinates decoupled.

### 2 Methodology

#### 2.1 Suspension bridge scale model

This study's primary structure is exposed in Fig. [1a](#page-2-0). The deck has two main girders of 120 cm. Their crosssection is 1 cm by 1.5 cm. Above them, there are 11 transverse beams (15 cm by 3 cm; thickness: 0.5 cm). The transverse beams are equally spaced by 10 cm (axis to axis). There are 11 suspending cables ( $\varnothing$ 0.2 mm) connecting the bridge's deck to a main cable ( $\emptyset$ 0.5 mm). All suspenders are spaced by 10 cm. The total height of the structure is 31.5 cm, whereas the main cable's sag (ratio between the structure's height and span) is 15 cm. Total weight is 5.28 kg.

The model's boundary conditions were defined as recommended by Serap et al. [\[4\]](#page-5-2) and Li et al. [\[23\]](#page-6-16). The girders are articulated, free to rotate about any axis, while not translating. Whereas the main cable pair are fixed at both ends. All contacts between the parts are defined as bonded. The structure is modeled in ANSYS® Space-Claim, and a precise mesh, allowing the natural frequency values' convergence, is set. The girders are modeled using a linear two-dimensional element. The transverse beams with a quadratic three-dimensional element. Finally, all cables were meshed by an also quadratic, but one-dimensional element [\[24\]](#page-6-17), see Fig. [1b](#page-2-0).

Once everything is properly configured, a general static analysis is carried to evaluate the structure's behavior as predicted by Wang et al. [\[25\]](#page-6-18) and Meriam et al. [\[26\]](#page-6-19) - inspecting tension on the suspension and main cables, maximum displacement of the deck, and reaction forces values. Aiming to simplify the 2DOF TMD's design calculations, the dynamics of the cables were ignored [\[27\]](#page-6-20), as their interaction with the deck is restricted to tension only behavior, and linear-elastic assumptions are made.

#### 2.2 Tuned mass damper

Consider a single degree-of-freedom (DOF) oscillatory mass-spring system, to which an auxiliary mass is attached (spring-mass-damper). The equation that represents the system's dimensionless amplitude is [\[10\]](#page-6-3)

<span id="page-1-0"></span>
$$
\frac{X_1 k}{F_0} = \left\{ \frac{(2\xi r)^2 + (r^2 - \beta^2)^2}{(2\xi r)^2 (r^2 - 1 + \mu r^2)^2 + [\mu \beta^2 r^2 - (r^2 - 1)(r^2 - \beta^2)]^2} \right\}^{1/2}
$$
(1)

*CILAMCE-2022*

*Proceedings of the XLIII Ibero-Latin-American Congress on Computational Methods in Engineering, ABMEC Foz do Iguac¸u, Brazil, November 21-25, 2022*

<span id="page-2-0"></span>

Figure 1. a) CAD presentation for the analyzed suspension bridge model, b) Meshing model for the structure

Where

 $\mu = m_2/m_1$  – Ratio between the TMD and the primary structure's masses  $r = \omega/\omega_n$  – Ratio between the excitation and the system's natural frequency  $\xi = c_2/c_c$  – Ratio between TMD damping constant and its critical damping  $\beta = \frac{\omega_a}{\omega_n}$  – Ratio between TMD natural frequency alone and the system's

Equation [1](#page-1-0) exposes how the amplitude of the main system may be solely controlled by setting the suitable parameters  $\mu$ ,  $\xi$ , and  $\beta$ . Therefore, it needs to be estimated those parameters optimum values.

In this study, the employment of the Equal Peak Design Method (by Den Hartog and Ormondroyd [\[8\]](#page-6-1)) is enforced. Den Hartog [\[20\]](#page-6-13) defined, using the "minimax" optimization problem-solving technique, minimizing the maximum value of the  $H_{\infty}$  norm, the optimum frequency ratio  $\beta$  for the Structure-TMD system, and optimal damping ratio are estimated by

<span id="page-2-1"></span>
$$
\beta_{optimal} = \frac{1}{1 + \mu} \tag{2}
$$

<span id="page-2-2"></span>
$$
\xi_{optimal} = \sqrt{\frac{3\mu}{8(1+\mu)^3}}.\tag{3}
$$

Therefore, the only parameter left to be estimated so that one may design an optimal TMD is the mass ratio  $\mu$ . In this work, it is designed two sets of 2DOF TMDs, one with  $\mu = 1/20$  and another with a  $\mu = 1/40$ . The behavior of the primary structure, once having the 2DOF TMDs attached, is presented in the Results section.

#### 2.3 Two Degree-of-freedom TMD

When aiming to damp multiple DOF, the first logical solution would be using multiple TMDs, however in this study, another approach is considered: using only one TMD for controlling two different frequencies of the suspension bridge model presented in Fig. [1,](#page-2-0) the first bending and torsional modes.

Consider the single DOF system exposed in Fig. [2a](#page-3-0), subjected to an exciting force  $f$  applied at the distance  $a$ from its rotational center. Since the system is fully decoupled in global coordinates, one could control it by using two individual TMDs, one for each movement, as its shown in Fig. [2b](#page-3-0). Each TMD should then be adequately tuned to decrease the main body vibration response.

Notwithstanding, a different solution is connecting the main structure to a 2DOF TMD, in which both movements could be approximated as to be happening independently from one another, addressing the weight penalty problem. Such case is exposed in Fig. [2c](#page-3-0). There, the primary structure is connected to the 2DOF TMD consisted of two point masses at both ends of a rigid bar. The bar is "pinned" at its center by a rotational spring-damper set  $(k_t$  and  $c_t$ ), as well as by "longitudinal" spring-damper set  $(k_2$  and  $c_2$ ).

Next, what needs to be done in order to tune independently both vibration modes of the 2DOF TMD with the bridge's, is solving both, the translational dynamic equation given by

<span id="page-3-0"></span>

Figure 2. a) Single DOF oscillating system representing the suspension bridge, b) Attachment of two individual TMD, one for each movement (bending and torsion), c) Fully decoupled Two DOF TMD controlling bending with  $k_2$  and  $c_2$  and torsion with  $k_t$  and  $c_t$ .

<span id="page-3-1"></span>
$$
\begin{bmatrix} m_1 & 0 \\ 0 & m_2 \end{bmatrix} \begin{Bmatrix} \ddot{x}_1 \\ \ddot{x}_2 \end{Bmatrix} + \begin{bmatrix} k_1 + k_2 & k_2 \\ k_2 & k_2 \end{bmatrix} \begin{Bmatrix} x_1 \\ x_2 \end{Bmatrix} = \begin{Bmatrix} f \\ 0 \end{Bmatrix}
$$
 (4)

and the rotational dynamics equation for the system (2DOF TMD-Bridge)

<span id="page-3-2"></span>
$$
\begin{bmatrix} J_1 & 0 \\ 0 & J_2 \end{bmatrix} \begin{Bmatrix} \ddot{\theta}_1 \\ \ddot{\theta}_2 \end{Bmatrix} + \begin{bmatrix} ak_1 + k_t & k_t \\ k_t & k_t \end{bmatrix} \begin{Bmatrix} \theta_1 \\ \theta_2 \end{Bmatrix} = \begin{Bmatrix} af \\ 0 \end{Bmatrix}.
$$
 (5)

After solving eqs. [\(4\)](#page-3-1) and [\(5\)](#page-3-2) for optimal values of  $\beta$  and  $\xi$  (eqs. [\(2\)](#page-2-1) and [\(3\)](#page-2-2)), the next procedure is finding the physical parameters that allow both vibrating modes of the 2DOF TMD to be optimally tuned with the primary system's. In this study, the chosen model is presented in Fig. [3.](#page-4-0) The physical parameters programmed to control the bending mode were the main beam length "l" and the point masses " $M$ ". Whereas the rotational movement is regulated by the arm " $rm$ ", distance between the main beam axis and each point mass.

The spring stiffness for the 2DOF TMD is given below (translation and torsional, respectively), according to Rao [\[10\]](#page-6-3), Warren and Richard [\[28\]](#page-6-21):

$$
k_2 = \frac{bt^3E}{2l}, \quad k_t = \frac{CG}{l} \quad \text{where } C = bt^3 \left[ \frac{16}{3} - 3.36 \frac{t}{b} \left( 1 - \frac{t^4}{12b^4} \right) \right] \tag{6}
$$

From the remaining physical variables,  $J_1$  and  $m_1$  are extracted directly from ANSYS®. Whereas  $J_2$  and  $m_2$ are functions of the first two (following the desired  $\mu$ ), considering the optimum design strategy (eq. [\(2\)](#page-2-1)). Finally, it is recommended the 2DOF TMD to be placed where the biggest amplitude occurs, according to the targeting modes presented on Fig. [4,](#page-4-1) results from the Modal Analysis developed in ANSYS® Mechanical.

# 3 Results and Discussion

Once the theoretical background is properly set, a MATLAB® code is written in order to provide the optimal physical dimensions for the 2DOF TMDs. The chosen material for the design of the main beam, and the rigid bar, is aluminum alloy.

<span id="page-4-0"></span>

Figure 3. a) Plan view of the TMD, b) Isometric view of the TMD

<span id="page-4-1"></span>

Figure 4. a-f) Main estimated vibration modes. The right side presents the torsional modes, while the left, the first three bending modes

Table [1](#page-4-2) exposes the estimated values for both proposed 2DOF TMD cases. Using this data, the 2DOF TMDs are modeled in ANSYS® and connected by its end to the primary structure right at its center (following Fig. [3\)](#page-4-0). A Harmonic Analysis, disregarding the calculated optimal damping, was employed and the Frequency Response Response (FRF plot) is presented in Fig. [5.](#page-5-5) It can be perceived that, in despite of the absence of damping, both devices were able to "split" the first bending and torsional frequencies, as expected in such cases [\[11\]](#page-6-4).

Table 1. Geometric values for both 2DOF TMD cases considered

<span id="page-4-2"></span>

Physical Variables			М	rm
TMD Case 1	$\parallel$ 8.87 cm $\parallel$ 0.2 cm $\parallel$ 2.5 cm $\parallel$ 130.6 q $\parallel$ 4.0 cm			
TMD Case 2	11.0 cm   0.2 cm   2.5 cm   64.2 q			5.1 cm

Figure [5](#page-5-5) points out the vibration level decrease occurring for both targeted frequencies. The reduction at the first bending frequency considering Case 1, and Case 2 were, approximately, 55% and 52.7%, respectively. Whereas at the first torsional mode, 55.4% (Case 1) and 57.6% (Case 2).

<span id="page-5-5"></span>

Figure 5. Frequency response plot comparing the behavior of the primary structure with no TMD attached in black, Structure-TMD Model 1 ( $\mu = 1/20$ ) in red, and Structure-TMD Model 2 ( $\mu = 1/40$ ) in blue.

## 4 Conclusions

The purpose of this work was to design a 2DOF TMD capable of targeting, at the same time, the first bending and torsional natural frequencies of a suspension bridge numerical model, by the Equal Peak Design method proposed by Den Hartog and Ormondroyd [\[8\]](#page-6-1). In order to do so, a MATLAB® routine was written to help estimate the optimal physical dimensions for the dampers, according to the proposed chosen model (Fig. [3\)](#page-4-0). After estimating those measures, the devices were modeled, using a Finite Element Analysis software (ANSYS®), along with the primary structure (Bridge).

It was observed the 2DOF TMD cases were able to "split" both of the targeted frequencies at the same time. Its behavior, even while neglecting damping, can be considered suitable, for it demonstrate the methodology's effectiveness and the device's potential to damp both modes. In future works it is planned to introduce the optimal damping calculated to the 2DOF TMDs and observe how the suspended bridge numerical model behaves through a Transient Analysis.

Acknowledgements. This study was financed in part by the Coordenacão de Aperfeicoamento de Pessoal de Nível Superior - Brasil (CAPES) - Finance Code 001.

Authorship statement. The authors hereby confirm that they are the sole liable persons responsible for the authorship of this work, and that all material that has been herein included as part of the present paper is either the property (and authorship) of the authors, or has the permission of the owners to be included here.

## References

<span id="page-5-0"></span>[1] B. M. Pacheco, Y. Fujino, and A. Sulekh. Estimation curve for modal damping in stay cables with viscous damper. *Journal of Structural Engineering*, vol. 119, n. 6, pp. 1961–1979, 1993.

<span id="page-5-1"></span>[2] A. H. Nayfeh and D. T. Mook. *Nonlinear oscillations*. John Wiley & Sons, 2008.

[3] W.-F. Chen and L. Duan. *Bridge engineering handbook: construction and maintenance*. CRC press, 2014.

<span id="page-5-2"></span>[4] A. Serap, K. Kubilay, and T. Semih S. Dynamic analysis of suspension bridges and full scale testing. *Open Journal of Civil Engineering*, vol. 2012, 2012.

<span id="page-5-3"></span>[5] H. Tabatabai and A. B. Mehrabi. Design of mechanical viscous dampers for stay cables. *Journal of Bridge Engineering*, vol. 5, n. 2, pp. 114–123, 2000.

<span id="page-5-4"></span>[6] A. Preumont. *Vibration control of active structures: an introduction*, volume 246. Springer, 2018.

*CILAMCE-2022*

<span id="page-6-0"></span>[7] H. Frahm. Device for damping vibrations of bodies. US Patent 989,958, 1911.

<span id="page-6-1"></span>[8] J. Den Hartog and J. Ormondroyd. Theory of the dynamic vibration absorber. *ASME J. Appl. Mech*, vol. 50, n. 7, pp. 11–22, 1928.

<span id="page-6-2"></span>[9] D. J. Inman. *Vibration with control*. John Wiley & Sons, 2017.

<span id="page-6-3"></span>[10] S. S. Rao. Mechanical vibrations, in si units, global edition. *ed: Pearson, London*, 2017.

<span id="page-6-4"></span>[11] B. Mokrani, Z. Tian, D. Alaluf, F. Meng, and A. Preumont. Passive damping of suspension bridges using multi-degree of freedom tuned mass dampers. *Engineering structures*, vol. 153, pp. 749–756, 2017.

<span id="page-6-5"></span>[12] G. H. Yoon, H. Choi, and H. So. Development and optimization of a resonance-based mechanical dynamic absorber structure for multiple frequencies. *Journal of Low Frequency Noise, Vibration and Active Control*, vol. 40, n. 2, pp. 880–897, 2021.

<span id="page-6-6"></span>[13] X. Zhu, Z. Chen, and Y. Jiao. Optimizations of distributed dynamic vibration absorbers for suppressing vibrations in plates. *Journal of Low Frequency Noise, Vibration and Active Control*, vol. 37, n. 4, pp. 1188–1200, 2018.

<span id="page-6-7"></span>[14] G. Cieplok and M. Sikora. Two-mass dynamic absorber of a widened antiresonance zone. *Archive of Mechanical Engineering*, pp. 257–277, 2015.

<span id="page-6-8"></span>[15] G. Y. Pan and Y. Zhang. Research of two-series-mass dynamic vibration absorber and it's application on building vibration control. In *Advanced Materials Research*, volume 368, pp. 146–149. Trans Tech Publ, 2012.

<span id="page-6-9"></span>[16] Y. Q. Yang and W. Dai. Optimization of the two-dof passive damper for the machining vibration control based on the sdm. In *Materials Science Forum*, volume 770, pp. 253–256. Trans Tech Publ, 2014.

<span id="page-6-10"></span>[17] W. Ma, Y. Yang, and J. Yu. General routine of suppressing single vibration mode by multi-dof tuned mass damper: application of three-dof. *Mechanical Systems and Signal Processing*, vol. 121, pp. 77–96, 2019.

<span id="page-6-11"></span>[18] F. Tubino and G. Piccardo. Tuned mass damper optimization for the mitigation of human-induced vibrations of pedestrian bridges. *Meccanica*, vol. 50, n. 3, pp. 809–824, 2015.

<span id="page-6-12"></span>[19] J. Wang, C. Lin, and B. Chen. Vibration suppression for high-speed railway bridges using tuned mass dampers. *International Journal of Solids and structures*, vol. 40, n. 2, pp. 465–491, 2003.

<span id="page-6-13"></span>[20] J. P. Den Hartog. *Mechanical vibrations*. Courier Corporation, 1985.

<span id="page-6-14"></span>[21] Y.-Y. Lin, C.-M. Cheng, and C.-H. Lee. A tuned mass damper for suppressing the coupled flexural and torsional buffeting response of long-span bridges. *Engineering structures*, vol. 22, n. 9, pp. 1195–1204, 2000.

<span id="page-6-15"></span>[22] F. Meng, J. Wan, Y. Xia, Y. Ma, and J. Yu. A multi-degree of freedom tuned mass damper design for vibration mitigation of a suspension bridge. *Applied Sciences*, vol. 10, n. 2, pp. 457, 2020.

<span id="page-6-16"></span>[23] Z. Li, A. Li, and J. Zhang. Effect of boundary conditions on modal parameters of the run yang suspension bridge. *Smart Struct. Syst*, vol. 6, n. 8, pp. 905–920, 2010.

<span id="page-6-17"></span>[24] I. Ansys. Ansys meshing user's guide. *vol*, vol. 15317, pp. 724–746, 2022.

<span id="page-6-18"></span>[25] S. Wang, Z. Zhou, Y. Gao, and Y. Huang. Analytical calculation method for the preliminary analysis of self-anchored suspension bridges. *Mathematical Problems in Engineering*, vol. 2015, 2015.

<span id="page-6-20"></span><span id="page-6-19"></span>[26] J. L. Meriam, L. G. Kraige, and J. N. Bolton. *Engineering mechanics: dynamics*. John Wiley & Sons, 2020. [27] H. M. Irvine and T. K. Caughey. The linear theory of free vibrations of a suspended cable. *Proceedings of the Royal Society of London. A. Mathematical and Physical Sciences*, vol. 341, n. 1626, pp. 299–315, 1974.

<span id="page-6-21"></span>[28] C. Y. Warren and G. B. Richard. Roark's formulas for stress and strain. *New York, Chicago, San Francisco, Etc. Editorial McGraw–Hill*, 2002.